

Nice holidays in Bohemian Paradise 2014

INSTRUCTIONS FOR COMPETITORS

Dear competitors, welcome to Kacanovy, traditional place where our competitions are organized regularly already since 1992. We hope you will enjoy great sandstone terrains of protected landscape area Bohemian Paradise. We wish you good luck in the forest and have a Nice holidays!

COMMON INFORMATION FOR ALL STAGES

Event centre: meadow and community centre in Kacanovy

GPS: 50.5490953N, 15.1421136E, follow signs and organizers instructions

Registration:

in the Event centre (EC), we ask for a registration of whole clubs at once

Friday	21.8.2015	6.00 pm to 10 pm
Saturday	22.8.2015	7.30 am to 8.30 am
Sunday	23.8.2015	8 am to 8.30 am

Parking:

In the event centre (accommodated runners) or in surroundings (up to 400 m) according to the instructions of organizers. Parking fee of 50 CZK per car for the whole competition weekend is to be paid directly on spot!

It is strictly forbidden to park out of official parking place!

Accommodation:

In your own tents in the official camp / meadow in the Event Centre. On spot you can buy only accommodation in your own tent. In EC accommodated competitors will receive ID bracelet.

It's strictly forbidden to manipulate with open fire in the camp!

Camp is opened from Friday August 21st 2 pm to Sunday August 23rd 4 pm.

Note: On Friday from 2 pm is possible to make accommodation, but registration of the clubs, payments and changes can be made only after 6.00 pm (time of registration).

Washing: Toilets and water available in the EC. You can visit swimming pool next to the EC (including cold showers) for 30,- CZK entrance fee.

Catering: In the EC (in community center building) we offer restaurant - beer, lemonade, cakes, ordered catering with hot meal and beverages.

Lunch:	Saturday / Sunday	11 am – 2 pm
Dinner:	Saturday	5 pm – 7:30 pm

Baby sit: available in the EC.

Control descriptions: Due to Czech tradition available only in the EC!

Punching system: *SportIdent*, in case of malfunction use the “R” fields on the map. If “R” fields are used, please, hand over your map immediately in the finish area. Please, check your SI card number in the start list and if it is wrong, ask for the correction at the registration desk. In case of loss of hired SI card 1000 CZK will be charged.

Reading SI card: In the event centre. Please do not delay reading your SI after finishing the stage!

First aid: There is a doctor available in the EC. **Competitors compete at their own risk.**

Regulation: Rules of Czech orienteering federation (ČSOS) apply.

Key for overall standings: Overall standings are made up of sum of times of all 3 stages.

Awarding ceremony: Sunday, August 23rd in the EC. As soon as possible and as the particular class is finished. The exact time depends on you. Please do not hesitate to read of your SI card. The prizes will be given in the overall standings to the first three in all classes except P and T.

In DH10L and HDR classes will be all runners awarded.

Expected jury line-up: to be published in the EC

Ultimate: Classes DH21U have special modified maps. Description of modification is always written directly on the map. Maps of all stages include only contours, rocks and runability (green areas).

Other:

- Ways to starts are marked with blue-white ribbons.
- Maps for all stages are waterproof.
Courses for classes HDR a HD10L are marked with red-white ribbons.
- There is no WC at pre-starts! Please use toilets in the EC!

Attention:

It is strictly forbidden to use grip and spike shoes. It will be checked!

But we recommend you cross shoes suitable for running in a tough and steep forest.

There are huge rocks and cliffs in competition areas, be careful!
Competitors compete at their own risk.

The competition is held in the area which is in the particular interest of the Protected Natural Area Bohemian Paradise Administration. Please, keep all the instructions of organizers! You are not allowed to arrange any individual training without prior consultation with OOB Turnov club or directly with PNABPA, even when you have the maps from this competition!

STAGE 1 – middle distance

Saturday 22nd August 2015

Start: 00 = 9:30, interval start

HDR, P and T classes may start from start time 0 to 150

Event centre – start: 1600m, climb 90 m

Map: Radeč,
Scale 1: 7500 for classes DH10-14, P, T, HDR a DH 40 and older, other 1:10 000
Contour interval 5m, stand 2015, waterproof

Finish area: Finish area – event centre: 1100 m.

Terrain: Hilly rocky terrain with steep slopes, boulders and rocks.

Course planner: Martin Luštický

Main referee: Daniel Wolf, R1

Time limit: 90 minutes

Attention:

Way to start goes near the finish area. You can leave your clothes in the finish area. Water available on the way to start.

Please do not access any private meadows and areas. All forest areas except training area, pre-start and the way to pre-start is embargoed. During the race do not enter new clearings and forbidden areas, marked in the map as out of bounds area (709.0). Crossing such areas will lead to disqualification.

STAGE 2 – sprint distance

Saturday 22nd August 2015

Start: 00 = 16:00

Event centre -start: 1500 m, climb 100 m

HDR, P and T classes may start from start time 0 to 110

Map: Jezírka, scale 1:5000, contour interval 5m, ISSOM, stand 2015, A4

Finish area: Finish area – event centre: 900m

Terrain: Very rocky terrain, deep valleys, partly faster plateaus with pine forest.

Course planners: Patrik Horák

Main referee: Jindřich Kořínek, R1

Time limit: 60 minutes

Attention:

Map is prepared in ISSOM2007 for orienteering sprint and is generalized for this competition. For example some of very narrow passages were closed in map. It's strictly forbidden to cross any of impassable symbols like 527.1 Private area, 709.0 Temporary out of bounds area and Impassable fence. On the other hand symbols 201.1 Impassable cliff will be considered according to forest ISOM rules. So it's only recommendation.

There are no root stocks in the map.

Way to start goes around the finish area, you can leave your clothes in the finish.

It's strictly forbidden to enter private meadows near the pre-start. For warm-up please use the marked way to start.

STAGE 3 – long distance

Sunday 23rd August 2015

Start: 00 = 9:30

HDR, P and T classes may start from start time 0 to 150

Event centre – start: 1500 m, climb 140 m

Map: Bukovec, scale 1:10000, contour interval 5m, stand 2015

Finish area: Finish area – event centre: 1400 m

Please don't hesitate to read your SI card.

Terrain: Hilly forest with deep valleys surrounded by rocks and boulders.

Course planners: Jakub Oma

Main referee: Jana Omová, R2

Time limit: 150 minutes

Attention:

Start is not close to the finish area and the way to start is partly different.

All classes have at least one refreshment point on the route choice during the course. Classes H21E and H21A have additional refreshment point at the control number 111.

Please do not access any private meadows, fields and areas near the way to pre-start areas. All forest areas except training area, pre-start and the way to pre-start is embargoed. During the race do not enter new clearings and forbidden areas, marked in the map as out of bounds area (709.0). Crossing such areas leads to disqualification.

Most of the courses are crossing a minor road with a cycling traffic. Pay attention please.

ACCOMPANYING PROGRAMME

Training, model event

There is model training available in the EC. You can buy printed training maps for 20,- CZK at registration desk in the EC. Training will be available from Friday, 2 pm for the whole weekend. Training area is next to the EC on the way to start of stage 1 and 3.

“PP Party”– official banquet

Saturday August 22nd 2015

Traditional Nice Holidays orienteering party, starts at 8:30 pm in the EC, in the building of community center in Kacanovy. No entrance fee for PP participants.

You can expect it as usual for PP – movie shot and photos from the first day, bar, party this year with live music by ForFun music band!

Píchač Pěkných Prázdnin (The best “Puncher” of Nice holidays)

Saturday August 22nd 2015

Qualification rounds: 12.00 – 14.00 in the event centre, only 16 best punchers proceed to the final!

Final rounds: approx. at 7:00 pm, before PP Party in the EC in pairs on parallel courses according to the results of qualification.

Entries for the qualification are to be made directly on the start. No starting fee for PP participants.

Thank you for coming and we wish you nice holidays with orienteering in Kacanovy!

Head of OC: Filip Stárek

Sports director, Main referee: Jindřich Kořínek, R1

Course planners: M. Luštický, P. Horák, J. Oma

IT, entries: Martin Váňa

Field work and cartography: Josef Borůvka, Daniel Wolf and other members of the club

Maps, training maps: Pavel Hradec

Web: <http://www.tur.cz/pekneprazdniny/> <http://www.niceholidays.cz>

The competition is held in the Protected Natural Area Bohemian Paradise (CHKO Český ráj).

It is strictly forbidden to use grip and spike shoes. It will be checked!

www.niceholidays.cz